

PROFESSIONAL CAREER

FABRIZIO BONORA (1958 - Ferrara, Italy) started work as an actor in Milan in 1978, with a group based at the 'Centro Sociale Leoncavallo'.

As one of the founders of the '*Cooperativa Teatro Nucleo*' in Ferrara in 1980, he spent several years involved in intense theatrical and para-theatrical activity and followed courses and seminars with some of the most important names in contemporary theatre: Eugenio Barba, Iben Nagel Rasmussen, Toni Cots, Julian Beck, Judith Malina, Jerzy Grotowski.

With regard to acting, his first two teachers, Cora Herrendorf and Horacio Czertok, directed him towards the studies of Stanislavski and the Strasberg Method, and this led to experimental work in the use of theatre in the field of psychotherapy inside Ferrara's Psychiatric Hospital.

In 1982, after many tours in Italy and abroad spent organizing and directing a large number of events, he concluded his collaboration with the *Teatro Nucleo* and, whilst continuing with acting, devoted himself to the study and theory of theatre.

In 1991 he created '*Agenzia Lupus in Fabula*', a comical show which was performed at the Santarcangelo Theatre Festival in 1993 and is still frequently requested on the national circuit.

In this period he began teaching Communication Studies at three different schools for Professional Nurses (Ferrara, Imola, Foligno 1993-1998), where he experimented - with excellent results - with the application of theatrical methodologies in the training of both newly employed and existing nursing staff.

In 1999/2000/2001 he produced the theatre workshop '*Il Morto Riconoscente*', an activity which combined theatre and interdisciplinary teaching in the production of a performance which ran for three editions and involved a total of 150 ten to fourteen year-olds.

In 2002, together with 60 children, he created '*La Città delle Mollette*', a piece based on the theme of intercultural coexistence taken from the workshop '*Il mio libro è una scatola*', with the participation of 160 children of the San Venanzio di Galliera Elementary School (Bologna), a school where approximately 25% of the pupils are children from immigrant families.



In 2002 the same workshop (*'Il mio libro è una scatola'*) produced a performance with 40 children from the nursery school of Poggetto (Bologna).

In 2004, he was awarded a contract by the Faculty of Education at the University of Bologna for the realization of workshops targeted at students, aimed at using theatre as a design element for the development of projects in areas and situations of social unease.

In 2008 the piece *'Professor Ojzirbaf Bobonskij'* was invited to the *Festival International de Théâtre pour l'Enfance Neapolis* in Nabeul (Tunisia), as the sole representative from Italy.

Throughout this period he continued with the production of performances, the design and management of theatrical events, activities relating to theatre pedagogy, workshops for children, therapeutic theatre workshops in collaboration with SERT (communities for the rehabilitation of drug addicts), Local Councils, Social Cooperatives, Local Health Authorities and Hospitals.

All of these activities, as well as the production of theatrical shows and events, can be included in three well-defined fields of action:

- Theatre Pedagogy

The course focused on instructing and supporting the student's continuous dramaturgical research, using the emotional materials of personal experience, according to the studies of Stanislavski and Strasberg, together with intense physical and mental training to explore the possibilities of individual expression.

- Theatre Workshops

These activities range from play production for preschoolers, to the experience of storytelling and dramatization for teachers and parents in situations involving specific fields of the acting profession.

- Communication Workshops

Primarily aimed at health professionals and psychiatric care operators, these courses have attracted a great deal of interest from the Local Health Authorities, Hospitals and Training Schools for Nurses in Emilia Romagna, Tuscany, Umbria and Veneto. The workshops also include a series of lessons on communication and relationship problems - specifically intended for the parents of teenagers.

The use of theatrical techniques with regard to issues and typical situations in health and welfare, as well as specific reference to the research of Watzlawick, Beavin and Jackson on communication and studies on interaction dynamics by Goffman, form the basis for the preparation of laboratory projects which are from time to time modified to cater for the situations to be dealt with and the objectives to be achieved.



Training activities in health/social areas

2011

'Effective communication within a team', a refresher course for health and home-care operators for "L'Ancora" Cooperative in Bologna

'Help Communication and Relations', a series of lessons for 160 students of the Nursing Degree Course, Faculty of Medicine, "Antonio Avogadro" University of East Piedmont, Novara.

2009

Participation in the conference *'L'educazione è un posto dove ci piove dentro'* organized by the Accaparlante Cooperative in Bologna, and the workshop: *'Ne ho piene le scatole: piccolo laboratorio per riempire il pieno con un po' di vuoto'*.

2005

Seminar: *'The emotions of the theatre'* for the degree course in Socio-Educational Operator at the Faculty of Education, University of Bologna, for the academic period 2005/2006

4 months of social care operators training for "L'Ancora" Cooperative in Bologna, with traineeship into a daily care facility for aged people

2004/2005

Seminar: *'Local Activities: the theatre as a tool for project development'* for the degree course in Socio-Educational Operator at the Faculty of Education, University of Bologna, for the academic periods 2003/2004 and 2004/2005.

2003

'Effective communication', training course for secondary school teachers, held in Verona on behalf of the AIDA Association, in collaboration with Nicoletta Zabini.

2001/2002

Two editions of *"Workshop on Communication for Parents of Teens"* for the Ferrara Town Council PROMECO agency.

2000/2001

Theatre Workshop at the *'Exodus'* drug rehabilitation community in Bondeno (Ferrara).

1999

"Theatre Workshop and communication" for the Department of Mental Health and the SERT, Imola Local Health Authority (Bologna).

1998

Theatre Workshop at the *'Saman'* drug rehabilitation community Bondeno (Ferrara).



"*Communication Techniques for Substance Dependency Operators*". Course at the "Pratolungo" drug rehabilitation community in Palmirano (Ferrara).

1997

Course "*Listening to the patient*" for Technical Operators and Auxiliary Staff of the North Bologna Local Health Authority Bentivoglio Hospital.

Theatre Workshop at the 'Pratolungo' drug rehabilitation community in Palmirano (Ferrara).

1996

Refresher course on Communication for the Tuscany Region SERT Professional Schools, held at Local Health Authority Training Centre from in Empoli (Florence).

1995/1997

Psychology Teacher of for the 1st and 2nd year students at the Professional School of Imola (Bologna)

1995

Workshop on Communication for the home-care operators of the Centre for Mental Health of the Foligno Local Health Authority, with the aim to make the Falloon method operative for schizophrenic home-care patients and their families.

Refresher course for hospital and home-care geriatric operators based on "*The relationship with the elderly*" for the Foligno Local Health Authority.

Refresher Course on Communication for the S. Anna Hospital (Ferrara) Outpatient Staff Professional School.

Assignment by the Professional School of IP Imola (Bologna), to teach Psychology (3rd year students), and a Communication Workshop for the 1995-98 period.

1994/1995

Workshop on Communication for the administrative department and front-office staff of the S. Anna Hospital in Ferrara.

Series of lectures to the nursing staff lecturers at the Professional School of Ferrara on the theme of "*Teaching the communicative aspects of interpersonal relations*".

1993/1996

Workshop on Communication for the three-year period of formation at the Professional School, Foligno.

1992-93

Theatre workshop at 'La Tenda' community for drug addicts, Foligno (Perugia) providing therapeutic support for operators and patients when dealing with relational problems.



Publications

'Training: a workshop on communication to improve appreciation of training to become a nurse'. Article published in *'Mondo Infermieristico'* the Italian edition of Nursing World magazine (International Institute of Nursing Research), CEREF editions - Padua, No. 1, 1996. [English Version](#)

'Il fuoco balla con i salti azzurri'. Article published in *'Scuola dell'Infanzia'*, published by Giunti Scuola - Florence, July 2003.

L'intervento teatrale nella scuola primaria'. Article published in *Innovazione Educativa*, - Istituto Regionale di Ricerca Educativa dell'Emilia Romagna, February 2006.

Le emozioni del teatro'. Article published in *Innovazione Educativa*, - Istituto Regionale di Ricerca Educativa dell'Emilia Romagna, April 2006.

Stupido, ergo sum'. Article published in *Innovazione Educativa*, - Istituto Regionale di Ricerca Educativa dell'Emilia Romagna, June 2007.

Published in *Scarpe gialle per girare il mondo a testa in giù (The clown in the healthcare services)*, June 2013.

In prima linea con il mouse'. Article published in *Bambini*, collective edition of European magazine network, December 2007.

Opinioni di un Clown: I clowns di corsia'. Event recorded in May 2008 during *'Documentazione e Dintorni'*, a review of the documentation of educational experiences in the nursery schools of the City and Province of Ferrara.